

Mrs Angela Goldsborough, Middlesex

TESTIMONIAL

MY HIP REPLACEMENT IN KRAKOW HOSPITAL (POLAND), JUNE 2003

Dear Barbara and Steve,

This letter is to say "Thank you" for giving me the chance to have my life back again. Until we saw your advertisement I felt that I had no quality of life as I was in constant pain and was fast becoming house-bound.


Flying is always an ordeal for me but I was determined to make the journey to Krakow. Of course I was apprehensive about the operation - but I needn't have been, as I remember nothing about it except that when I awoke I had no pain. Three days after the operation the physio started and on that first day I walked albeit on a frame. The next time I walked I was on two crutches not only walking up and down the corridor but also up and down the stairs and for walks round the grounds. Three days later I needed only one crutch and walked out of the hospital and down the road and back again, about one mile! The stitches were removed on the fourteenth day and I was moved to the rehabilitation centre where I was able to have more varied physiotherapy in the gym. Towards the end of the third week I was walking without any crutch.

I have nothing but praise for the wonderful surgeons, doctors, nurses and especially the physiotherapists. Without the total treatment that I received from everyone I would not have made such a complete recovery.

A great help towards my speedy recovery was the friendly help given by my two lovely co-ordinators. I am so happy to be at home with my family and feeling so well. I am walking, driving and can do everything that a normal fit person can expect to do, but I do miss the lovely caring people I left behind in Krakow. I feel that they became my friends.

Once again, many thanks for giving me this chance and if ever I can be of any help to you please don't hesitate to get in touch.

Yours sincerely,


Angela Goldsborough.