



18-12-04

Dear Barbara & Steve Thurgood.

I am writing to thank you both for the marvelous package you arranged for me to go to Krakow in Poland for my full Hip replacement operation. all details in your Broucher was correct and very informative. On arrival at the Hospital we were treated personally & with care whilst tests for M-S-R-A Blood Tests & Full Chest & Hip X-Rays were taken. My Operation went well and the attention from the Professor, Doctor Ciecy (BEN) and Nurses whilst I staid in recovery & the hospital was excellent. On the 4th day after I had my OP I was moved to the Rehabilitation Block where I was under the care of Professor Adam Pachalski Doctor Medyczny and a dedicated team of Physiotherapists when I had 22 Days of Exercises & Phisio for 3 Hours per day, in a gym with the best equipment you could wish for. It was hard work but worth it because now on my return I am without pain and walking 1 mile each day plus Exercises I was told to do, to enable me to fully recover and return to my life as a Farmer. I am assured by the team will be in 2-3 months time. I no longer require a stick to walk with and I feel great. The Doctors report I had from the hospital which I took to my Doctor yesterday, he said was excellent and in great detail my Doctor was very impressed and told me the 22 days therapy I had was the bonus on any Operation I could have in the U.K. My wife and I are now going to Tenerife for 1 month in January 05 to get some sunshine. I am enclosing a copy of Doctor Ciecy's letter OKing me to travel so you can see my Operation was a success. I wish you well in your Business. You are doing a wonderful job.

Kind regards

John Coate